



MARCH 2020

THE CHIMES

The Newsletter for Clarkston United Methodist Church



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LENTEN STUDY

Wednesdays | 6:30 pm | Room 148/149

During Lent, we will explore opportunities for mental, physical, and spiritual health. Join us!

March 4 | Personal Nutrition | Hallie Guzal, Registered Dietitian

March 11 | Jesus and the Cross | Pastor Megan Walther

March 18 | Christian Yoga | Patti Dolan, Certified Yoga Instructor

March 25 | Making Faithful Decisions | Pastor Rick Dake

April 1 | Do One Thing Different | Christine Schilling, Thrivent Financial

EASTER FLOWERS

Help decorate our sanctuary on Easter Sunday by purchasing an Easter flower in honor or in memory of a loved one. Order forms are available in the church office. Completed forms with payment are due by Sunday, March 15th. Donations go toward the Youth Mission Trip. Pots are 6" and \$10 each. You can choose a lily, tulip, daffodil, or hyacinth. Please pick up your plants after the 11:00 am Easter service.

FORTY DAYS THAT MATTER

Written by Rev. Rick Dake

If I told you I had a pill to give you that could help reduce stress and depression, reduce anxiety and lower blood pressure (and therefore, risk of heart disease), strengthen your immune system and lower blood sugar and help sustain concentration, memory and cognition would you be interested in hearing more about it? Would you be interested in perhaps taking it?

What if I also told you could receive the same benefits without a pill. NO PRESCRIPTION NECESSARY!

Well, there is a way to receive all those benefits. The fact that you are reading this article is a clue you are on the path to doing so. All of these benefits are attributed to the power of Spiritual Wellness in our lives. When our bodies, mind and soul are surrendered to and in harmony with Christ, we become healthier. We are made well, or at least more well.

Lent is an ancient practice of the church setting aside time to focus on our faith. It begins with confession on Ash Wednesday and goes to Easter. We often associate that time as when the church does potlucks, has special services and asks everyone to give up something. (Though the clarity as to why we give something up is not shared by all). It is a time to focus on Jesus. Beginning on March 1, our worship will dive into teachings and examples of Christ that will lead us to a holy Easter. In addition, our focus on Jesus will lead us to find Spiritual Wellness.

Jesus said he came for the sick. He asked if we wanted to be made well, and then he healed. He healed people in more ways than I can list here. I believe what Jesus did in the Gospels is what he is wanting to do with us now. I hope you will join us for these important conversations on Sunday mornings in March leading all the way to Easter on April 12. I also hope you can join with us in the many different offerings happening in the weeks ahead to address our Spiritual Wellness.

I do not know what in your life needs healing. I know some of what I need. I invite you to join together with me as we take the steps Christ offers to us as we all move forward in the name of Christ to Resurrection Joy and Spiritual Wellness.

See you in Church,

Pastor Rick



JOIN US FOR EASTER

Palm Sunday

April 5 | 9:00 & 11:00 am

Maundy Thursday

April 9 | 7:00 pm

Good Friday

April 10 | 12:00 & 7:00 pm

Easter Sunday

April 12 | 7:00, 9:00 & 11:00 am

LENTEN STUDY

Personal Nutrition

Wednesday | March 4 | 6:30 pm |
Room 148/149

Hallie Guzal, Registered Dietitian, will be leading this time during our study to discuss simple snacking and healthy hydration tips. This session will reference 1 Corinthians 10:31, "So whether you eat or drink or whatever you do, do it for the glory of God". Come with an expectant heart and willing tastebuds.

Jesus and the Cross

Wednesday | March 11 | 6:30 pm |
Room 148/149

During Lent, we remember the story of Jesus' death and resurrection. Join Pastor Megan to study part of Jesus' journey to the cross during this holy season.

Christian Yoga

Wednesday | March 18 | 6:30 pm | Room 148/149

A restorative, gentle 1 hour Christian yoga class with the use of aromatic, essential oils to refresh and renew the mind, body, and soul. Please bring a yoga mat, blanket, and wear comfortable yoga or exercise clothing. Patti Dolan is a registered nurse who has been practicing yoga for 20 years and teaching for 11. She is a Yahweh yoga certified, Christian yoga instructor.

Making Faithful Decisions

Wednesday | March 25 | 6:30 pm | Room 148/149

How does faith affect the choices we make? Jesus often corrected the decisions the Disciples made, and even today we need God's guidance. Join Pastor Rick to explore how the Lenten journey can help us make faithful decisions.

Do One Thing Different

Wednesday | April 1 | 6:30 pm | Room 148/149

Want to be more wise with money? Making even one change can have a big influence on your financial life. Use the facts from Do One Thing Different, an interactive discussion to help you make more informed decisions, then commit to doing one thing differently to positively affect the way you share, save and spend. Light snacks, coffee and refreshments will be served. Hosted by Financial representative, Christine Schilling, FIC of Thrivent Financial.

No products will be sold at this event.

Contact | Cheryl Kelly, ckelly@clarkstonumc.org



LEARN, SERVE & CONNECT

@ CLARKSTON UNITED METHODIST CHURCH

LEARN

Sunday Morning Bible Study

Sundays | Begins March 1 | 10:15 am | Parlor

Join our Sunday discussion and devotion reviews. Share what devotions have inspired you and learn something new. This month's topics of discussion will include Blessing in God's World, Journeying by Stages, Shepherd of Light and Confessions. Handout will be provided. Contact | Ken Ermer, whaler1787@gmail.com

Treasured

Tuesdays | March 10 - April 21 (Skip 3/31) | 6:30 pm | Parlor

Six powerful conversations about life, God and growing up for moms and middle school tween-aged daughters. Contact | Shanon Hoffman, shoffman@clarkstonumc.org Register | Online, www.clarkstonumc.org

Sign Language Class

Tuesdays | March 17, 24 & 31 | 7:00 pm | Room 214

Join us for three weeks of Sign Language Instruction. You will learn basic words and phrases and will be able to communicate with new people coming to worship who are deaf. Instructor: Jane Stone
Contact | Laura Speiran, lspeiran@clarkstonumc.org



SERVE

Mobility Worldwide (Formerly P.E.T.)

Thursday | March 5 | 8:15 am | Offsite, Linden

Weather permitting, we will carpool to the Linden workshop to fabricate and assemble parts for the Mobility Carts. We will meet at the church at 8:15 am and be back by about 1:00 pm. You should wear clothing appropriate for the weather that would not be ruined by a little paint. Bring your favorite work gloves.
Contact | Dave Kauffman, dkauffyman@yahoo.com
Website | www.mobilitymieastmi.org

Italian Night

Friday | March 6 | 6:00 pm | Community Center

Join us for the annual Italian Night Fundraiser to support the 2020 High School Righteous Mission Trip. This year we will again feature authentic Italian baked anellini, served all-you-can-eat family style in our very own Righteous Bistro! Carryout available. \$20 per adult and \$10 for kids 10 & under. Buy your tickets online today!
Contact | Jeremy Dean, jdean@clarkstonumc.org
Tickets | Online, www.clarkstonumc.org

South Flint Soup Kitchen Fundraiser

Thursday | March 12 | 5:00 - 8:00 pm | Offsite

March Madness fundraiser for the South Flint Soup Kitchen! Come and buy dinner at Culver's in Grand Blanc between 5:00 - 8:00 pm. A percentage of the restaurant's total sales during that time period will be donated to the South Flint Soup Kitchen.
Contact | Christine Wyatt, deaconchris1@gmail.com

13th Annual Fundraiser, The Gatsby Gala

Friday | March 20 | 6:00 pm | Lafayette Grande, Pontiac

Support Helping Hearts Helping Hands and their mission work in Honduras and attend the The Gatsby Gala. Adults, \$75 each, Under 21, \$35 each, VIP table of 8 tickets, \$520. Attire: semi-formal. Contact HHHH to purchase tickets, make a donation for the auction or become an event sponsor: helpingheartshelpinghands@hotmail.com | 248-980-5090 | www.HelpingHeartsHelpingHands.org



SERVE

Spring Break Lunch Program

Spring Break is right around the corner and we are again providing lunches for those students who typically depend on free or reduced breakfast and lunch at school. We will pass out sacks on March 8th and 15th. We ask that you take at least one, fill it with the labeled item and return it by March 20th. The Angels in Training will assemble the lunches to be distributed on Friday, March 27th. Volunteers are needed for distribution. Contact | Joyce Bleim, bleimer22@att.net

Our Angels in Training Need Your Help!

Empathy, Kindness and Service may feel like societal buzzwords, but CUMC has a long history of working with our kids on these principles through Angels in Training. Our projects focus on service and missions within our church, the surrounding community, and throughout the world.

Angles in Training at CUMC is currently gathering children in Kindergarten through 5th grade to practice discipleship in a service-based program on Sundays at 10:00 am. The goals of the program are to help our children learn HOW and WHY we serve others, begin to build a strong foundation for the future and better understand God's love.

We are looking for a volunteer leader or team of leaders who feel led to share their passion for service and can work with the kids on a consistent basis. Activities are pre-planned, and materials will be set up for you. You would just need to be there to guide the children for about an hour between services. If you think this could be you, or you simply have questions, please reach out to Shelby (setting@clarkstonumc.org) or Shanon (shoffman@clarkstonumc.org).

LEARN, SERVE & CONNECT

CONTINUED . . .

CONNECT

Susanna Wesley Circle

Wednesday | March 4 | 9:15 am | Fellowship Hall

Paula Acton has prepared an interesting program on the topic of "What about our money?" Free to one and all! Contact | Suzi Bork, suzi.bork@gmail.com

March Madness Family Night

Friday | March 20 | 6:30 pm | Community Center

CUMC families of any size and shape are invited to partake in March Madness CUMC Style. Join us for a family meal from 6:30-7:00 pm and Madness afterward. The game will be on the big screen and we'll have shooting contests and open gym. Join us!

Contact | Shanon Hoffman, shoffman@clarkstonumc.org



MISSIONS



DRAW | MISSIONS GRANT DONATION IN ACTION

With the \$3,000 grant given by CUMC in 2019, DRAW was able to respond swiftly to the EF4 tornado that devastated Lee County, Alabama in early March 2019. The tornado killed 23 community members, and left many without housing or basic supplies. DRAW was able to ship \$13,000 worth of supplies to Beauregard, AL within a day, and then send a relief/cleanup team 4 days later to help remove the massive amount of downed trees and debris left behind by the storm.

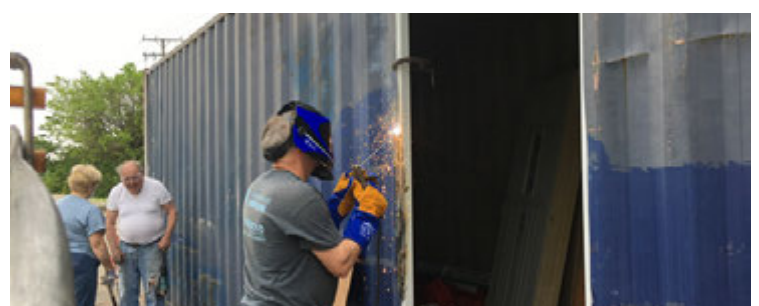
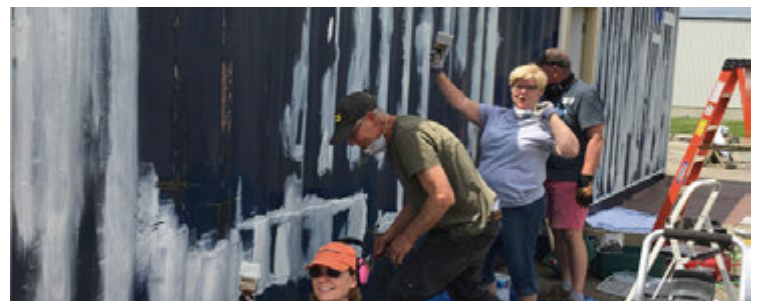
All of the work tools/supplies, meals, and travel costs were covered by the generosity of the CUMC 2019 missions grant given to DRAW.

BLESSING OTHERS

"A woman named Ginny was met by our team at her property in Lee County, in search for some of the personal items she lost when her house trailer was wrecked by the tornado. For Ginny, our team was able to help her recover a number of her personal belongings she thought were lost." -- Greg Martin, DRAW

OUR YOUTH GIVING BACK

Many of the supplies that were sent were buckets prepared and packed by Clarkston UMC youth volunteers.



WEEKLY

CLARKSTON UNITED METHODIST CHURCH

SUNDAY

WORSHIP

9:00 & 11:00 AM | SANCTUARY

SUNDAY SCHOOL

9:00 & 11:00 AM | EDUCATION WING

NURSERY

9:00 & 11:00 AM | NURSERY

ANGELS IN TRAINING

10:00 AM | ROOM 211

PARENTS CIRCLE

10:00 AM | YOUTH LOUNGE

SUNDAY BIBLE STUDY

10:15 AM | PARLOR

MIDDLE SCHOOL YOUTH GROUP

6:00 PM | YOUTH LOUNGE

HIGH SCHOOL YOUTH GROUP

6:00 PM | FELLOWSHIP HALL

MONDAY

PICKLEBALL

9:00 AM | COMMUNITY CENTER

ZUMBA

9:00 AM | ROOM 210

KNITTING FROM THE HEART

1:00 PM | PARLOR

SENIOR FIT

1:00 PM | COMMUNITY CENTER

PRAYER GROUP

5:00 PM | SANCTUARY

AA MEETING

7:00 PM | YOUTH LOUNGE

TUESDAY

CARING HEARTS BIBLE STUDY

9:00 AM | PARLOR

WEDNESDAY

ZUMBA

9:00 AM | ROOM 210

SENIOR FIT

1:00 PM | COMMUNITY CENTER

ANGELUS BELLS

4:30 PM | MUSIC ROOM

WEDNESDAY NIGHT YOUTH DINNER GROUP

5:00 PM | YOUTH LOUNGE & CLASSROOM

CHERUB CHOIR

5:15 PM | ROOM 214

WESLEY CHOIR

5:15 PM | MUSIC ROOM

YOUTH CHOIR

6:00 PM | MUSIC ROOM

CELEBRATION RINGERS

6:45 PM | MUSIC ROOM

JUBILATION RINGERS

7:30 PM | MUSIC ROOM

THURSDAY

PICKLEBALL

9:00 AM | COMMUNITY CENTER

THURSDAY MORNING BIBLE STUDY

9:15 AM | PARLOR

DIVORCE CARE

6:45 PM | YOUTH LOUNGE

CHANCEL CHOIR

7:30 PM | MUSIC ROOM

FRIDAY

MEN'S BIBLE STUDY

7:00 AM | ROOM 148/149

ZUMBA

9:00 AM | ROOM 210

SENIOR FIT

1:00 PM | COMMUNITY CENTER

AA MEETING

7:00 PM | YOUTH LOUNGE

LOOKING AHEAD

Easter Egg Hunt

Saturday | April 11 | 2:00 pm | Renaissance High School Field

Our Annual Easter Egg Hunt is happening again this year at the Field at Renaissance High School. We need your help with candy and non-candy donations! Look for boxes for collections at the North and Crossroads entrances. Last year we had over 4,000 eggs! So we have enough time to stuff the eggs, kindly provide donations by April 5th. Contact | Shanon Hoffman, shoffman@clarkstonumc.org



Generosity in Action

We will be hosting a costume give-away in late September, to assist those in our church family and surrounding community who are in need of a costume for Trunk-or-Treat, school parties, or Halloween. This Spring, we would like to offer an opportunity for you to inventory your Halloween costumes and consider donating gently used or outgrown ones to the church. This is a perfect time to Spring into action! Please drop off your item(s) in the office. Contact | Sandy Ballew or Cheryl Kelly

N.O.A.H. Lunch Packing Project

April 5 & 6

All are welcome to help put together 300 lunch bags in the Gathering Space or make 300 sandwiches in the Main Kitchen on Sunday, April 5th at 10:00 am. We also need volunteers to deliver and serve the lunches at Networking, Organizing, and Advocating for the Homeless (N.O.A.H.) in Detroit on Monday, April 6th. Please contact Brenda if you would like to help with delivery.

Contact | Brenda DuPree, bkdupree@comcast.net

Rummage Sale

Saturday | May 30 | 9:00 am - 4:00 pm | Community Center

Donations will be accepted after services on May 17th through May 25th during normal church hours. Set up will start on Monday, May 25th and continue through Friday, May 29th. Any help during the week or the day of the sale is appreciated. Large item donations must be approved by Holly Stowers. We accept children's clothing in good condition, but not adult clothing.

Contact | Holly Stowers, thesnipa@juno.com

